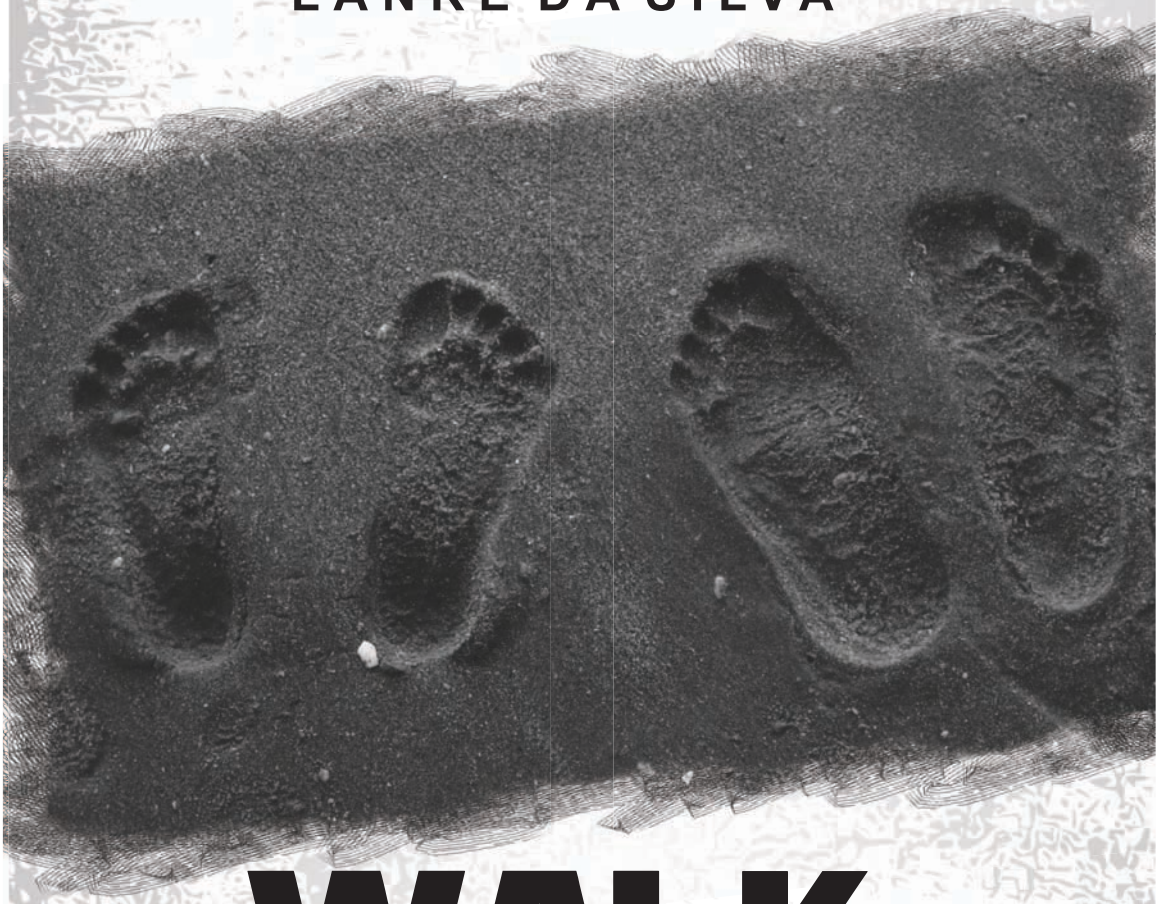
LANRE DA SILVA



WALK WITH ME

10 Practical Steps to Life-on-Life Discipleship

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10 Practical Steps to Life-on-Life Discipleship
Author: Pastor Lanre Da Silva

Foreword by:
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"Walk With Me: A Step-by-Step Guide to Intentional Christian Discipleship"

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My appreciation extends to pastors and leaders who have partnered with us, especially through Every Home for Christ, to advance discipleship within their local churches. I am indebted to my lecturers at LIFE Theological Seminary, from my Bachelor of Theology to the Doctor of Ministry, for their scholarship and spiritual guidance.

To my outstanding girls - my wife and children, thank you for your solid

rock support and encouragement. To the teams of Every Home for Christ Nigeria, the regional, continental and international offices, your collaboration has strengthened this work.

To all who have walked, prayed, and learned with me, this belongs to you.

To God alone be the glory.

Pastor Lanre Da Silva

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FOREWORD

It is with deep joy and profound gratitude to God that I write this foreword. For many years, I have prayed that the Lord would raise clear, courageous voices to once again herald the timeless message of discipleship and disciple-making, particularly within our nation, across Africa, and throughout the global Church. This book is a gracious answer to those prayers.

I thank God for my brother, Pastor Lanre Da Silva, for the boldness and conviction with which he has embraced this sacred assignment. In an era when it is far easier to find books and voices focused on prosperity, deliverance, miracles, and other important themes, far fewer are willing to confront the Church with the central mandate of our faith: the Great Commission. Yet this is the command of the Great Commander Himself, Jesus Christ, entrusted to the Church until the end of the age.

Walk with Me addresses what I consider one of the most neglected yet essential ministries of the end-time Church, the art and discipline of intentional, life-on-life discipleship. With clarity and spiritual insight, this manual presents a concise yet thorough, step-by-step pathway for making disciples in the way Jesus modelled. It does not burden the reader with unnecessary complexity, but instead offers a practical, down-to-earth guide that can be understood, embraced, and applied by anyone who is genuinely committed to obeying Christ's call.

One of the great strengths of this work is its accessibility. Using everyday language, relatable illustrations, and real-life application, Pastor Lanre demonstrates that disciple-making is not reserved for a select few, but is a calling every believer can fulfil. Jesus Himself is presented as the ultimate model, and the essential qualities of a true disciple-maker are clearly explained and carefully unfolded. In this, the book removes fear, excuses, and confusion, making discipleship both attainable and reproducible.

I wholeheartedly commend this manual as a training resource for churches, fellowship groups, and ministry leaders around the world. My prayer is that through this work, the Lord will raise a new generation of faithful disciplers, men and women who will walk closely with others, pass on the faith with integrity, and prepare the Church for the return of our Lord.

As we draw closer to the glorious appearing of the Commander of the army of the Lord, Jesus Christ, may we be found faithfully carrying out His assignment.

Keep walking.
Keep discipling.
And may the Lord grant you more grace.

Bishop Wale Adekoya
Get Equipped Ministries International

COMMENDATIONS

Walk With Me is a refreshing and timely return to the simplicity and power of Jesus' way of discipleship. Dr Lanre Da Silva reminds us that transformation happens not through programs, but through presence—when we walk with others as Christ walks with us. This book is both deeply practical and profoundly spiritual, inspiring believers everywhere to make disciples through the ordinary rhythms of everyday life.

Scott Middlebrook,
International Director
Every Home for Christ
Colorado Springs, USA

This book offers the Church a compelling and biblical roadmap for restoring discipleship to its rightful place at the heart of Christian life and mission. With pastoral warmth and theological clarity, the author calls believers back to the relational model of Jesus Christ, one that prioritizes presence over programmes, transformation over information, and multiplication over mere attendance.

Pastor Lanre Da Silva writes not merely as an instructor but as a practitioner shaped by years of ministry experience. His voice carries conviction, humility, and a genuine love for the Church. The global vision woven throughout the book makes it adaptable across cultures and contexts. At the same time, its emphasis on prayer, scripture, accountability, and spirit-dependence ensures that the focus remains

Christ-centered. Hence, church leaders, fellowship coordinators, marketplace professionals, and indeed every believer will find in these pages both encouragement and a reproducible framework for nurturing mature, multiplying disciples.

I wholeheartedly commend this book, which stands out for its simplicity, practicality, and strong anchoring in scripture to churches, ministry networks, theological institutions, and individual believers seeking sustainable spiritual growth and generational impact.

May this book ignite a renewed passion for intentional discipleship and help raise a generation of believers who can sincerely say to others, as the Apostle Paul did, "Walk with me, as I walk with Christ."

Rev. (Dr.) Sam Aboyeji
General Overseer
Foursquare Gospel Church in Nigeria

"I lead a church of one thousand members… I lead five thousand… I lead ten thousand."

Such statements are often heard in conversations among pastors. The important question we must ask is this: how many among these members are truly disciples of Jesus Christ? When we read the New Testament, the Lord Jesus never speaks of members but of disciples. Here is what He declared to His followers before His ascension:

"Go therefore and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to observe all that I have commanded you. And surely I am with

you always, to the very end of the age."
Matthew 28:19–20

The primary task we must accomplish as Christians, as servants of God, is not only to bring souls to Christ but above all to make them disciples—that is, people who will follow Jesus day after day until the end of their lives or until the day Jesus comes to take them.

If there is anyone who has truly understood the urgency and necessity of this important task, it is without any doubt Rev. Lanre Da Silva, whom I know very well and greatly respect for his enlightened leadership, his deep attachment to the Lord Jesus, his passion for lost souls, and his great dedication to the work of God.

Indeed, in this wonderful book entitled "Walk with Me", he develops discipleship in all its dimensions. In a very simple style that is accessible to everyone, he has succeeded in communicating very profound and extremely useful truths that are entirely biblical and applicable across all cultures of the world.

I take this opportunity to extend my heartfelt congratulations to Rev. Lanre Da Silva for this significant contribution he is making to the Church in the fulfilment of the Master's Great Commission.

Whether you are pastors, leaders, students, business men or women—whatever your field of activity—I strongly recommend that you obtain a copy of this book and make it a valuable working tool.

May God richly bless you in the name of Jesus Christ of Nazareth.

Rev. Dr. Ali Moussa Hamani
General Superintendent, Assemblies of God Church
Niger Republic

One of the enduring challenges facing the contemporary Church is our tendency to celebrate conversion while stopping short of sustained formation. We rejoice at the moment people are welcomed into God's family, yet too often fail to walk with them beyond that point. In doing so, we depart from the pattern of our Lord Jesus Christ, who, as recorded in Mark 3:14, called the Twelve not only to believe, but first to be with Him, to be shaped by His life and teaching, and then to be sent in His authority.

Walk with Me: 10 Practical Steps to Life-on-Life Discipleship is a timely and faithful reminder of this sacred responsibility entrusted to Christian leaders and believers alike. With pastoral sensitivity and biblical depth, this book clearly articulates the call to disciple others as Jesus did, while offering practical, accessible steps for nurturing lives that bear lasting fruit, fruit that remains.

I warmly and confidently commend this book to all who earnestly desire to recover the heart of Jesus for discipleship and to participate faithfully in forming disciples who reflect His life and mission.

Pastor Femi Omowumi
General Secretary, The Gospel Faith Mission International (GOFAMINT)

Walk with Me: 10 Practical Steps to Life-on-Life Discipleship by Lanre Da Silva is a timely and refreshing call back to the simplicity of Jesus' method of walking closely with people and

shaping lives through shared presence. This book gently but firmly

redirects the Church to what truly transforms intentional relationships rooted in Scripture, prayer, obedience, and Spirit-led growth.

In an age of conferences, content, and crowded calendars, the author does not present discipleship as a programme to manage but as a life to share. What stands out most about this

book is its clarity and practicality. The ten steps are not abstract ideals; they are actionable pathways. The emphasis on presence, modelling Christlike character, and grounding everything in God's Word ensures that discipleship remains authentic rather than mechanical.

The author writes as a fellow traveller, one who understands the challenges and is deeply committed to the health of the Church. The tone of the book is pastoral and invitational. The message is simple but profound: you do not need a platform or perfection to disciple someone, you need availability, love, and obedience.

I gladly commend Walk with Me to every believer who longs to experience deeper spiritual formation and bear lasting fruit. This is not merely a book to study; it is an invitation to being a disciple and returning to the relational heart of disciple-making.

Jerry Akinsola, The Equipping Christian Ministry

Former Director (2004 – 2014)
Christian Education Department
Nigerian Baptist Convention

PREFACE

There is a quiet crisis in the Church today. It is not a crisis of buildings, budgets, or attendance. It is a crisis of transformation.

Across continents, millions profess faith in Christ, yet far fewer are intentionally guided into the deep, shaping journey of becoming like Him. Conversion is celebrated; discipleship is often assumed. Many believers long for spiritual depth, clarity, and growth, yet walk largely alone, navigating questions, struggles, and calling without sustained relational guidance.

But this was never the pattern of Jesus.

When Jesus called His first disciples, He did not invite them into a programme. He invited them into proximity. “Follow me.” It was an invitation to shared life — to observe, to imitate, to learn in motion, to be formed through relationship. They walked with Him. They listened. They asked questions. They witnessed how He prayed, how He served, how He responded to opposition, how He loved. Discipleship was not a class; it was a life shared.

Walk with Me emerges from a conviction that the Church must continually return to that original path.

This book does not propose a complicated new system. It calls us back to something beautifully simple and profoundly powerful: life-on-life discipleship. God most often changes the world not

through platforms, but through people — ordinary believers who choose to invest faithfully in one other life.

You do not need a title to disciple.
You do not need perfect knowledge.
You do not need a large following.
You need willingness.

The ten practical steps outlined in these pages are designed to move discipleship from aspiration to action. They offer a clear, reproducible pathway for walking intentionally with someone toward Christ. Whether you are mentoring for the first time or strengthening an existing discipleship culture, this manual aims to give you confidence, clarity, and structure.

Importantly, this book is not anti-classroom, anti-curriculum, or anti-structure. Sound doctrine, organised teaching, and structured programmes are essential. But information alone does not produce transformation. Life-on-life discipleship does not replace classroom instruction — it completes it. It moves truth from lecture to lifestyle. It carries Scripture from the page into daily practice. It deepens structure through relationship.

Discipleship is also God's strategy for multiplication. When one believer invests in another, and that disciple learns to do the same, something powerful happens. Families are strengthened. Churches are renewed. Communities are influenced. The gospel advances quietly, steadily, relationally.

And in the process, something happens within us. As we pour into others, God continues shaping our own hearts. In giving our lives away, we are refined, stretched, and formed more deeply into Christlikeness.

So do not wait.
Do not wait until you feel more prepared.
Do not wait for the perfect system.
Do not wait for more time.

Begin with one person. Walk faithfully. Trust God with the outcome.
History reminds us that the Christian movement spread from life to life, heart to heart, home to home. That same possibility stands before us today.

As you read this book, my prayer is that you will not merely gain insight, but that you will sense a stirring — a renewed vision for what God can do through your availability. May you discover the joy of seeing Christ formed in others through simple, intentional presence.
The invitation of Jesus still echoes: “Follow me.”

And now, through you, that invitation can reach someone else.

Walk with them.

Lanre Da Silva
Lagos, Nigeria
February 2026

INTRODUCTION

"He appointed twelve that they might be with him and that he might send them out to preach." — Mark 3:14 (NIV)

Why Life-on-Life Discipleship Still Changes the World

When Jesus walked the dusty roads of Galilee, He didn't launch a school or write a manual. Instead, He chose twelve people and walked with them. He invited them into His daily life, into His prayers, His pain, His purpose. He discipled not from a platform, but from proximity.

Two thousand years later, the world has changed, but His method remains the same. Life-on-life discipleship still works. In a world full of noise, loneliness, and confusion, nothing speaks more powerfully than a life lovingly shared.

1. Rediscovering Jesus' Timeless Method

Christianity is not a subject to be studied; it is a life to be lived and best learned in community. Jesus discipled through presence: he was available and gave his time. Robert E. Coleman, in the classic book. The Master Plan of Evangelism, stated that "His method was to get men to be with Him. He did not spend His time with programs, but with people." [1]He taught truth over meals, in moments of crisis, in simple stories told on long walks. He didn't

merely inform minds; He transformed hearts. “Jesus' primary strategy was not the transmission of information but the transformation of lives through personal association.” [2]And He invites us to do the same.

Wherever believers open their homes, calendars, and hearts, discipleship happens. Whether in the quiet of a Lagos kitchen or the hum of a city bus, faith takes root, matures, and multiplies through intentional, Spirit-led relationships.

2. A Call to Everyday Believers

You don't need a title or a theological degree to be a disciple maker. You may be a student at any level of education, a stay-at-home mum, a professional career lady, an international businessman, a youth, a teenager or a retiree in any part of the world. If you love Jesus and are willing to walk alongside someone else, you are qualified.

The Church doesn't need more celebrities. It needs more friends, people who will pray, listen, model Christ, and pass the baton faithfully. Just like Apostle Paul wrote to Timothy in 2 Timothy 2:2, 'And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others. ' This manual was written to convince you that you can do this and to show you how.

3. Why a Step-by-Step Guide?

Many Christians recognise the importance of discipleship but feel unsure about where to start. Some others misunderstood it as a complex program rather than a simple relational journey of following Jesus together. Others start well but lose momentum

without a clear path. There are many manuals on formal discipleship processes, but very few on how to conduct informal life-on-life discipleship. That's why this manual offers ten simple, practical steps to help you build and sustain a life-on-life discipleship journey:

- Build a real friendship
- Pray together and depend on the Spirit
- Open the Bible and apply it
- Model Christlike living
- Teach obedience in everyday decisions

- Serve side by side
- Practice honest accountability
- Address cultural and spiritual questions
- Keep love and the Spirit at the centre
- Empower the disciple-to-disciple others

You can follow the steps in sequence or focus on the area that needs attention the most at this time. Each chapter stands alone, yet all work together to support lasting growth.

4. A Truly Global Vision

Though this manual is shaped by lived ministry experience, its heartbeat is universal. The gospel transcends geography, culture, and tradition. Whether in bustling cities or quiet communities, across continents and contexts, these principles remain timeless and applicable. Customs, expressions, and languages may differ, but the call remains the same: to share life and share Christ.

Adapt the illustrations. Insert your own stories. Contextualise the examples. Yet keep the heartbeat intact, discipleship that flows naturally from everyday life.

5. How to Get the Most from This Book

Read prayerfully. Ask the Holy Spirit to show you the next step.
Practice as you go. Try each idea with someone. Don't wait for perfection.
Gather a small circle. Journey with two or three others; grow together.

Return often. Discipleship is a lifelong path. Let these pages guide you at every stage.

6. A Personal Invitation

This manual outline practical steps for following Christ's example and equipping others through intentional life-on-life discipleship (Matt. 28:19–20; 2 Tim. 2:2). Use this manual as a practical guide for disciple-making, while allowing the Bible and the life of Christ to remain the ultimate authority and standard (1 Cor. 11:1; Heb. 12:2). Christ alone remains the supreme leader, model, and goal of authentic discipleship (John 13:13–15).

When ordinary believers, like you, take personal responsibility for even one other soul, extraordinary things happen: faith deepens; churches are strengthened; communities are transformed. This is exactly in line with what Robert Coleman said, “The great commission will be fulfilled only when men and women, inspired by Christ's example, become reproducing disciples.”

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[1]Robert E. Coleman, The Master Plan of Evangelism, rev. ed. (Grand Rapids: Revell, 2006), 21. [2]Dallas Willard, The Divine Conspiracy: Rediscovering Our Hidden Life in God (San Francisco: HarperSanFrancisco, 1998), 282. [3]Coleman, Robert E. The Master Plan of Evangelism. Rev. ed. Grand Rapids, MI: Baker Books, 2006.